

Client Data Form

Date _____

Name _____

Occupation _____

Business Name _____

Address _____

Phone _____

Okay to leave a message?

If not, explain: _____

E-mail Address: _____

Preferred means of communication _____

Date of Birth _____ Age _____

Other Significant Dates _____

Preferred Coaching Schedule on
(day of week; time of day) _____

Names of important people in your life
(spouse, partner, children, friends, etc.)

Emergency Contact

Name: _____

Phone # _____

Other information you want me to know:
(You may continue on back of page.)

How did you hear about my coaching services?

What influenced your decision to work with a coach?

Have you ever been coached? If so, please describe the experience.

Have you ever been in counseling?

Do you have specific goals for the coaching relationship? If not, what goals might you now create?

What are your significant commitments?

What would your perfect life look like?

Where do you want to focus first?

What parts of your life are working best for you right now?

What parts of life aren't working well right now?

What stops you from the life you want to live?